

Title Page & Abstract

An Interview with Marilyn Nash

Part of the Abraham Lincoln Presidential Library
and Illinois State Museum's
Oral History of Illinois Agriculture project

Interview # AIS-V-L-2008-064

Marilyn Nash, a Project Coordinator at the National Soybean Research Laboratory at the University of Illinois, was interviewed on the date listed below as part of the Abraham Lincoln Presidential Library's *Oral History of Illinois Agriculture* project.

Interview dates & location:

Date: September 17, 2008 Location: National Soybean Research Center on
University of Illinois Campus

Interview Format: Digital video

Interviewer: Mark R. DePue, Director of Oral History, ALPL

Technical Support (cameraman, etc): Mark Suszko, IL Information Service

Transcription by: Tape Transcription Center, Boston, MA

Edited by: Rozanne Flatt, ALPL Volunteer

Total Pages: 13 Total Time: 35 min / 0.58 hrs

Accessioned into the Abraham Lincoln Presidential Library Archives on 8/11/2009.

The interview is archived at the Abraham Lincoln Presidential Library in Springfield,
Illinois.

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Abstract

Marilyn Nash, *Oral History of Illinois Agriculture*, AIS-V-L-2008-064

Biographical Information Overview of Interview: Marilyn (Dotta) Nash was born on February 19th, 1957 in the St. Louis, Missouri area. She attended the University of Missouri with the goal of becoming a veterinarian, but graduated instead with an undergraduate degree in animal sciences. She found work in Nebraska at the USDA Animal Research Center, dealing with “everything to do with sheep.” She followed her husband Tom Nash to Kansas State where he worked on his Masters Degree. Their next stop was in Southern Illinois, where Marilyn did database entry on her husband’s sheep research flock. Following that, they moved to Urbana-Champaign, Illinois, where she was in the Ph.D. program in the College of Veterinary Medicine, receiving a degree in Veterinary Pathobiology, Epidemiology in 1999. Marilyn began working at the National Soybean Research Laboratory in 1996, where she currently works as a program coordinator, specializing in finding new ways to utilize soybean products in cooking.

Marilyn discussed the wide variety of ways in which soy products can be incorporated into our diet, especially soy milk, two varieties of tofu, and soy flour. She emphasized the versatility and health benefits of textured soy protein, and discussed the challenges of introducing these products into both the domestic market as well as internationally. She also discussed the use of soybean miso in soups and other applications. Marilyn addressed how recipes needed to be adjusted to accommodate the addition of soy products, but also stressed the health and nutritional benefits of soy products, especially due to the high concentration of beneficial proteins. She noted that in 2007 the NSRL kitchens won the annual Game Day Chili competition with their vegetarian recipe.

Subject Headings/Key Words: National Soybean Research Laboratory; use of soy products in food applications; marketing soybean products in the United States; promoting use of soybean products internationally; soy milk; tofu, soy flour; textured soy protein; miso; soybean chili recipes

Note to the Reader: Readers of the oral history memoir should bear in mind that this is a transcript of the spoken word, and that the interviewer, interviewee and editor sought to preserve the informal, conversational style that is inherent in such historical sources. The Abraham Lincoln Presidential Library is not responsible for the factual accuracy of the memoir, nor for the views expressed therein. We leave these for the reader to judge.

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